



BEVERAGES

SODA	4
coke, diet coke, sprite, lemonade	
ICED TEA	4
COFFEE REGULAR OR DECAF	4
Peet's Coffee - Cafe Domingo med blend	
ESPRESSO / AMERICANO	4/6
Peet's espresso	
LATTE / CAPPUCINO	6
milk choice: almond, soy, 2%, whole milk	
GATORADE	4
lemon lime, fruit punch, orange, glacier cherry	
PELLEGRINO	5
ACQUA PANNA	5
LITTLE WEST COLD PRESSED JUICES	10
quench or clover	
HOT CHOCOLATE	4
milk or hot water	

SMOOTHIES

SLUSHIE	9
flavor of the day	
STRAWBERRY BANANA	11
frozen banana, strawberry, Greek yogurt, orange juice	
add whey or plant protein \$2	
GREEN DREAM	12
spinach, pineapple, mango, banana	
add whey or plant protein \$2	
PEANUT BUTTER BANANA BLISS	13
choice of milk, peanut butter protein, banana, chocolate syrup	
BLUEBERRY AND AVOCADO	14
blueberries, avocado, dates, coconut milk	
add whey or plant protein \$2	
PEACH BLUEBERRY OATMEAL	14
peach, blueberries, quick oats, almond milk	
add whey or plant protein \$2	
Milkshake	12
chocolate, Vanilla	

PLEASE INFORM YOUR SERVER OF ANY ALLERGIES OR DIETARY RESTRICTIONS. WHILE WE TAKE PRECAUTIONS, WE CANNOT GUARANTEE THAT MENU ITEMS ARE FREE FROM ALLERGENS.

HANDHELDS

CHICKEN WINGS GF	19	CHIPS & GUAC GF DF VEGAN	14
choice of buffalo, house rub, or bbq, carrots, celery, ranch dressing		house made tortilla chips and guacamole	
GRIFFIN BURGER	18	GRIFFIN TURKEY BLTA DF	18
cheddar, lettuce, tomatoes, red onion, pickles, 1000 island on brioche bun <i>Served with a choice of fries, fruit or side salad</i>		sliced turkey, bacon, avocado, tomatoes, lettuce, cranberry mayo on toasted sourdough <i>*Can be made into a wrap or bowl. Served with a choice of fries, fruit or side salad</i>	
PRIME RIB SANDWICH DF	21	TACO OF THE MONTH	18
hot sliced prime rib, lettuce, tomatoes, balsamic onion jam, chimichurri on ciabatta roll <i>*Can be made into a wrap or bowl. Served with a choice of fries, fruit or side salad</i>		ROTATING MONTHLY FEATURE – ask about this month’s selection. served with spanish rice and beans <i>*Can be made into a wrap or bowl.</i>	
GRILLED CHICKEN SANDWICH DF	18		
lettuce, tomato, pesto aioli, avocado, crispy onion on ciabatta roll <i>*Can be made into a wrap or bowl. Served with a choice of fries, fruit or side salad</i>			

MAINS

FRUIT SALAD PARFAIT GF VG	15	THE CLASSIC CAESAR GF	10/15
seasonal fruit and berries, Greek yogurt, hemp granola and honey lime vinaigrette		chopped romaine, parmesan, croutons, Caesar dressing <i>add steak \$10, chicken \$5, shrimp (4) \$12 salmon \$10</i>	
CAPRESE GEMELLI PASTA SALAD VG	18	SUPER HOUSE SALAD GF DF VEGAN	10/15
fresh mozzarella, cherry tomatoes, baby spinach, basil pesto vinaigrette optional to add cheese and aioli		mix greens, dried cranberries, cucumbers, tomatoes, toasted pepitas, hemp hearts, champagne vinaigrette <i>add steak \$10, chicken \$5, shrimp (4) \$12, salmon \$10</i>	
BAHN MI BOWL GF DF	22	ASIAN CHICKEN SALAD DF	15/20
choice of rice or mix greens, braised soy chicken thighs, pickled carrots daikon, cucumber salad, cilantro, sesame vinaigrette		grilled chicken, mix greens, mandarin oranges, shredded carrots, sliced almonds, crispy wontons, ginger sesame vinaigrette	
RED MISO SHORT RIB BOWL GF DF	22	CHEVIOT HILLS COBB SALAD DF GF	15/20
choice of rice or mix greens, slowly cook short ribs, pickled red onions, cucumber salad, cilantro, sesame vinaigrette		grilled chicken, chopped romaine, eggs, tomatoes, cucumbers, pickled red onion, avocado, bacon, balsamic glaze, red wine vinaigrette <i>add steak \$10, shrimp(4) \$12, salmon \$10</i>	
JUMBO SHRIMP COCKTAIL GF DF	24	ALBACORE TUNA SALAD DF	15
poached jumbo shrimp, mixed greens and cocktail sauce		mix greens, tomatoes, cucumbers, avocado, crispy onion, champagne vinaigrette <i>can be made into a sandwich or wrap</i>	

SUSHI

available after 12pm
menu items are subject to availability
and may change without notice

VEGETABLE ROLL	15	MAC & CHEESE	10
cucumber, avocado, carrots, sushi rice, nori paper			
CALIFORNIA ROLL	15	CHEESE BURGER	12
surimi crab, avocado, sushi rice, sesame seeds, nori		4 oz burger patty, cheddar, brioche bun <i>Served with a choice of fries, fruit or side salad</i>	
SPICY TUNA ROLL	18	ALL BEEF HOT DOG DF	10
ahi tuna, avocado, cucumbers, sushi rice, sesame seeds, nori paper		<i>served with a choice of fries, fruit or side salad</i>	
SALMON AVOCADO ROLL	18	3 PIECE CHICKEN TENDERS DF	10
Scottish salmon, avocado, sushi rice, sesame seeds, nori paper		5 pieces +\$4 <i>served with a choice of fries, fruit or side salad</i>	
SASHIMI RICE BOWL	25	CHEESE QUESADILLA	8
Scottish salmon, ahi tuna, hamachi, avocado, pickled cucumbers, wakame, edamame, sushi rice		add chicken \$6 <i>served with a choice of fries, fruit or side salad</i>	

A 20% SERVICE CHARGE IS ADDED TO ALL CHECKS. THIS IS NOT A GRATUITY OR TIP. THE SERVICE CHARGE IS USED TO SUPPORT OUT STAFF BY PROVIDING HIGHER HOURLY WAGES.
*Consumer advisory consumption of undercooked meat, poultry, eggs, or seafood may increase the risk of food borne illnesses. Alert your server if you have special dietary requirements.